



MENU PLAN - Holt, Norfolk July 12- 19, 2019

Friday 12 July	Saturday 13 July	Sunday 14 July	Monday 15 July	Tuesday 16 July	Wednesday 17 July	Thursday 18 July	Friday 19 July
<b>Breakfast</b>							
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Eggs	Croissants	Cereals	Omelettes	Pancakes w/syrup	Porridge	Muffins	Cereals
Cereals, bircher muesli	Breakfast muffins	Pan de Chocolate	Cereals	Eggs	Eggs	Eggs	Cereals
Cereals	Eggs						
<b>Lunch</b>							
TBA							
<b>Dinner Children</b>							
Lasagne	Homemade Pizza	Pasta with Pesto Sauce	Cottage Pie	Sticky Chicken	Pasta with Tomato Sauce	Crumbled Fish	
Salad	Salad	Fresh Vegetables & dip	Stir fried vegetables	Potato wedges	Fresh vegetables with dip	Homemade chips	
Garlic bread		Garlic bread		Corn		Peas	
Ice Cream	Apple Crumble w/custard	Ice Cream Sundaes	Lemon Tart w/cream	Fruit Salad w/ice cream	Hot Chocolate pudding	Pavlova w/raspberries and nectarines	
<b>Dinner Adults</b>							
		Fish Cakes w/green salad		Gazpacho Soup			
Lasagne	Blackened Salmon	Roast Chicken	Rack of lamb with salsa verde	Crusted Crab and Cod	Roasted Vegetable Quiche	Chicken Marbella	
Salad	Caesar Salad	Warm broccoli and tomato	celeriaceae and tarragon	fillet with chive/lemon sauce	Chicken Waldorf Salad	Scalloped Potatoes	
Garlic bread	Fresh Bread	Salad	remoulade	Stir fried Pak Choi	Mixed green beans with mint	Tender stem broccoli & asparagus	
	New Potatoes	Roasted Pepper Pasta Salad	Roast potatoes	Basmati Rice			
	Apple Crumble w/custard		Lemon Tart w/cream		Hot Chocolate Pudding	Pavlova w/raspberries and nectarines	
<b>Afternoon tea</b>							
Victoria sponge cake	blueberry muffins	banana bread	choc chip cookies	stuffed flapjack	lemon cake		